

Accessibility to proper food education for minorities and urban communities

- a. **Convener(s)** – Alana Gifford-Gonzalez
- b. **Participants**
- c. **Summary** – Discussing programs aimed to minorities and people in urban communities

Inquiries – *Blank*

Concerns –

- WIC doesn't provide organic options only fruits, veggies, and cereal
- Sustainable farms food doesn't have a long shelf life
- How to grow nutrient and protein dense foods for more vulnerable groups (more grains, perennials)
- How to provide the experience of eating tree-ripened whole foods to kids?
- WIC gives \$20/year for farmers' market
- Education on "what to eat" is not culturally sensitive
- It is big corporations that are donating food
- People receiving services are the ones needing healthy food
- Need to have these conversations with decisions makers (these issues on grassroots level)
- Distribution to schools of better produce that is culturally appropriate

Info/Resources –

- Gleaning: can connect food to faith groups (+ get funding)
- Market match: expand amount of dollars, expand to grocery stores
- La Mesa Verde: backyard gardens in San Jose
- Urban Farm collective in Oregon city looks for unused land to cultivate (volunteer-based) gets volunteer dollars to purchase food.
- School gardens that bring in parent volunteers
- Goodroill Industries started a program to involve kids in community gardens + cooking club
- Food Desert Maps – by congressional district broken down by income etc., and given to congress me engaged in policy discussions using the example of neighborhoods
- Spaces for people to meet and talk
- St Thomas Episcopal church in Sunnyvale gets food from grocery stores – Our Daily Bread

Options/Next steps –

- Chickens for families
- Community organizing for neighborhood changes
- Schools as places for assembly and gardens
- Give feedback to WIC program