

What about eating bugs?

- a. **Convener(s)** – Andy Rice – *andyrice@ucla.edu*
- b. **Participants** – Julian, Andy, Steve, Evan
- c. **Summary**

Inquiries –

- How can I grow crickets at home for protein?
- How can I eat bugs in my garden?
- How to turn food waste to food
- How to raise insects in the mists of agro setting rather than factory monoculture, aphids okay? Beetle larvae?

Concerns –

- Sustainability claims overhyped
- Regulations not developed
- Diet for bugs needs to be checked out for human consumption
- How to raise awareness
- Sell bugs at farmers' market
- Crickets at home difficulties jumping, small scale
- Disgust to overcome particularly with forging
- Appropriating indigenous culture for hipster cool in US

Info/Resources –

- Mesh with fresh greens to make the worms come up
- Coalo Valley Farms – black soldier flies speed up composting
- Little Herds Nonprofit in Austin
- Climate Specific insects
- Oaxacan food culture
- Shipping containers UC Davis

Options/Next steps –

- “Cricket lawn mower” tech to use like chicken lawnmower
- Realworm bags at home as small business
- Insect processing facility on farm hob model for community “hopper hub”
- Community Greenhouse – reverse cricket lawn mower
- Chicken/ fish feed bug based liquors